

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Valcke Rik

Coaches: Dobbelaere Nele HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN					Heat:1, starttime: 09:10
Heat: 1/7 Lane : 3 Athlete: VANHOUTTE WARRE					Q-time: 01:02:63
PB (25m pool): 1:02.63 Gent 9 Nov 2024					PB (50m pool): 1:05.46 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.44		1:02.63	
	30.44		32.19		
					

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:3, starttime: 09:30	
Heat: 3/5 Lane : 1 Athlete: VANSIELEGHEM KILLIAN							Q-time: 01:55:02	
PB (25m pool): 1:55.02 Brugge 19 Oct 2024				PB (50m pool): 1:58.62 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.49		55.69		1:25.63		1:55.02
	26.49		29.20		29.94		29.39	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN					Heat:4, starttime: 09:55
Heat: 4/6 Lane : 6 Athlete: VANSIELEGHEM KILLIAN					Q-time: 00:25:24
PB (25m pool): 25.24 Gent 11 Nov 2024					PB (50m pool): 26.00 SB:
	2 5 M	5 0 M			
PB		25.24			
	25.24				
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:4, starttime: 10:40					
Heat: 4/9 Lane : 8 Athlete: VANHOUTTE WARRE					Q-time: 01:01:42					
PB (25m pool): 1:01.42 Waregem 27 Sep 2025					PB (50m pool): No time SB:					
	2 5 M		5 0 M		7 5 M		1 0 0 M			
PB										
										

Coach feedback: